

Virtuous behavior policy behavior.

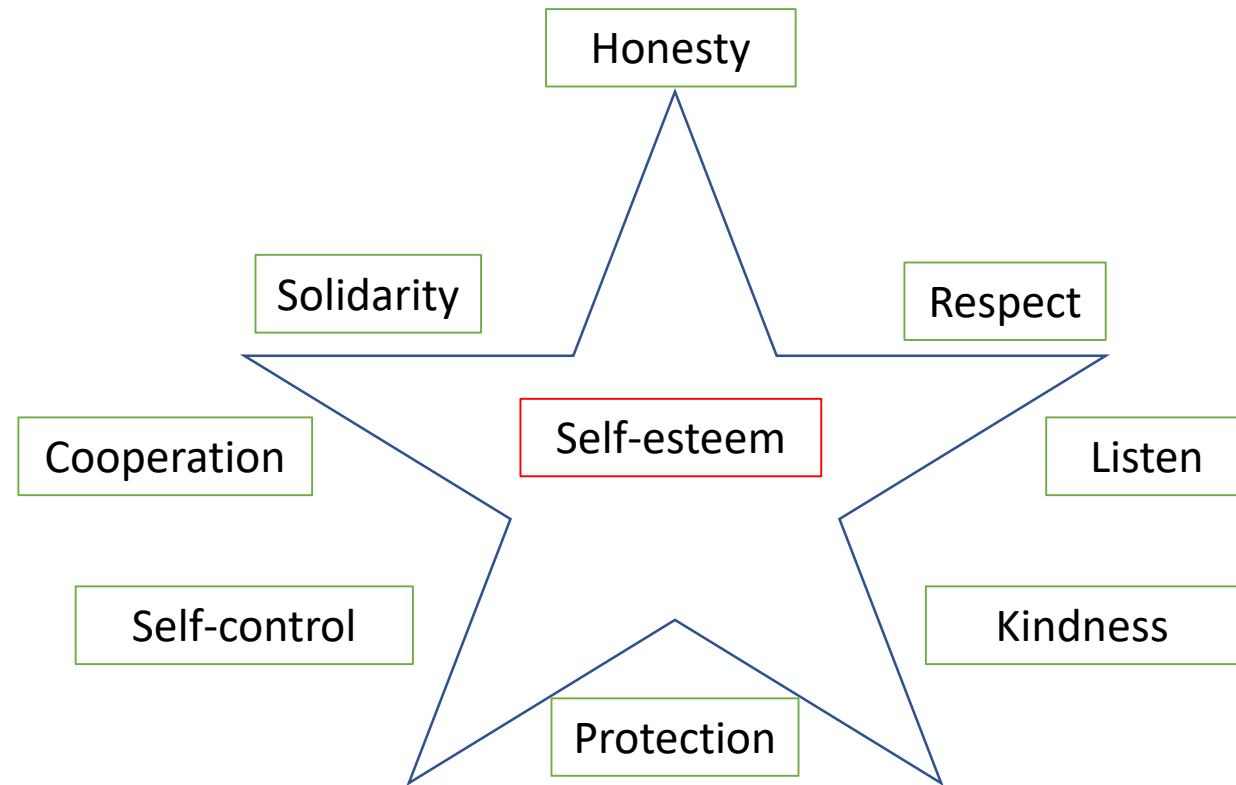


- This document presents the European School of Brussels I's vision of virtuous behavior.
- The content aims to raise awareness throughout the educational community of the importance of building virtuous behavior as a learning process throughout the secondary cycle, installing real skills as it goes along.
- Particular emphasis is placed on self-esteem, and multiple examples are provided to guide students step by step through the process of building long-term individual and collective well-being.

Virtuous behavior, key competencies
Good behavior, the key competences



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- Virtuous behavior is about living well and even living better in our school. Adopting such behavior promotes a person's well-being and brings them into line with the universal principles of respect and equality, which are our fundamental values within the European Union.
- Virtuous behavior can't be learned overnight; it depends on many qualities that we have to build up, based on our experiences and sensitivities.
- It's a long-term learning process that gradually builds and regularly reinforces self-esteem.
- The following comments are intended to shed light on this aspect of self-esteem, the most important element in the construction of a person's life in society.
- The qualities mentioned and the situations described are intended to provide precise benchmarks for applying a policy of virtuous behavior at the European School of Brussels I

- Self-esteem is the way we look at ourselves and the value we place on ourselves. Self-esteem is difficult to quantify, and depends to a great extent on upbringing and the way we are viewed from an early age, first by our parents and then by the other adults in our child's life. The care, positive feelings and attention paid to a person build self-esteem. In this respect, teachers, counsellors, assistants and psychologists play an important role alongside parents. Positive education and encouragement are essential factors. Positive social relationships with classmates boost self-esteem.
- Self-esteem has its roots in early childhood, and is built up gradually throughout life. It's a key factor in our well-being, and needs to be nurtured.
- Self-esteem is about being aware of oneself and one's potential, as well as one's abilities and limitations. From this point of view, self-esteem is based on a learning framework and also on a capacity for self-evaluation.

We support each other

We are all part of one community

Our school is a safe and calm
environment

Reaction Situation	Unacceptable	Not so acceptable	Pretty good	Expected
Receiving mockery and/or insults once	Jump in, mock and insult back	Mock back	Ignore	Ignore and pay attention to the good things in life and people with good behavior
Receiving mockery and/or insults repetitidly	Jump in, mock and insult back repetitidly	Mock back once	Ignore again	Ignore again, not stay isolated, tell people and ask for help
Seing someone being mocked or insulted once and/or repetitidly	Join the mocking process or not react	Stay neutral	Support the victim, facing the agressors responsibly	Explain the definition of harassment to the aggressors. Request help from adults.
Everywhere, any time to teachers and advisors...	Not saying hello	Say hello rarely	Say hello neutrally	Say hello politely and smiling
Waiting in the canteen	Pushing people, shouting, short cutting, cheating etc...	Shout	Wait and move calmly	Wait and move calmly, pay attention to your next and look if some people could need some particular attention and help

Reaction Situation	Unacceptable	Not so acceptable	Pretty good	Expected
In the courtyard	Run without looking anywhere	Move with rarely watch out	Take care of my moves	Watch out and take care of everyone
In the corridors	Run, shout,	Walk a little bit too fast, speak quite indiscretely	Walk calmly, speak mostly discreetly.	Move smartly, speak only discreetly
In the corridors	Eat and drink, get the floor dirty	X	X	Never neither eat nor drink
Managing balls	Play in the corridors	In the hands in the corridors, trying to take care	Mostly in a bag, in the hands only between the lockers and the playgrounds	Always in a bag everywhere, play with balls only on the playgrounds
In the classroom	Do like if you are alone, speak loudly, move...	Work very few, listen a bit, not participate	Work regularly, be aware of your next and participate	Work and participate actively, help and make your next happy to work with you

Reaction Situation	Unacceptable	Not so acceptable	Pretty good	Expected
You don't feel good at all and need help	Stay isolated, disturb the others, aggress people	Stay isolated	Talk to friends about your problems	Talk to adults about your problems
You see or know someone who is struggling with his/her own well being.	Ignore him / her	Just have a look	Listen attentively and support	Talk, listen attentively, support and propose active help.
Nationality	Pay attention only to my country's citizens	Be aware of the fact that there other nationalities.	Be conscious and talk to citizens of other countries.	Be conscious, talk and promote solidarity, cooperation and European spirit.
Mobile Phone	Use or misuse it contrary to the rules of the cell phone policy	X	X	Respect the cell phone policy.
Buildings	Neither respect the goods and the technical and cleaning staff	X	X	Respect the goods and the work of the technical and cleaning staff.

[illegible]

- Honesty:
- Respect :
- Listen :
- Benevolence :
- Protection :
- Self-control :
- Cooperation :
- Solidarity :