



## IODINE

### Federal Nuclear Emergency Plan

Following the update of the Federal Nuclear Emergency Plan of 2018, it is foreseen that in case of a nuclear accident occurring during school hours, students will be taken to a safe place and stable iodine tablets will be distributed. Pupils will be confined inside the school until further notice from the Ministry of Health.

This measure aims to prevent the risk of thyroid cancer. Indeed, a nuclear disaster can be accompanied by the release of radioactive iodine which accumulates in the thyroid gland. This risk is particularly high for children.

Saturating the thyroid gland with stable iodine prevents this dangerous build-up.

In order to be effective, iodine administration must take place as soon as possible after the nuclear accident.

There are few contraindications to the administration of iodine tablets. You can find a list of these and more information at [www.risquenucleaire.be](http://www.risquenucleaire.be).

Please let us know if your child has any contraindications to taking iodine.

Otherwise, we will consider that the staff is authorised to administer iodine to your child in the appropriate dosage for his/her age, and only after recommendation from the Ministry of Health.

I, the undersigned ..... Parent/legal representative

of the student .....

- authorise staff to administer an iodine tablet to my child in the event of a nuclear emergency
- do not authorise staff to give my child an iodine tablet in the event of a nuclear emergency and understand the risk involved

Date and signature,

This document is valid for the duration of your child's schooling in our school and will be kept in his/her medical file in order to preserve the confidentiality of the information. If you wish to withdraw your consent, please send an e-mail to [UCC-INFIRMARY@eursc.eu](mailto:UCC-INFIRMARY@eursc.eu)